



ANNUAL NEWSLETTER 2023-2024

LOK BIRADARI PRAKALP HOSPITAL

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IMPORTANT STATISTICS AT A GLANCE

30712

OPD

2391

IPD

305

DELIVERIES

567

SURGERIES

3130

DENTAL OPD

3184

OPHTHAL OPD

5498

CHC OPD

488

MALARIA PATIENTS

35

TUBERCULOSIS

Annual Surgery Camps : Healing Lives Together

Two general Surgery camps and one laparoscopy surgery camp were arranged in first quarter of the year. First camp was arranged with support of Rotary club, Nagpur on 18th January where 83 patients got operated. A laparoscopy surgery camp was arranged with support of team Datta Meghe medical college from Wardha on 18th February 2023 where 37 patients got operated. In month of March 60 patients got operated by a team of Sewagram Medical college and other surgeons for various ailments. Overall, 180 patients got operated for gynaecological issues, cleft lip-palate, burn contractures, hernia, hydrocele, gall stones, urinary stones, thyroid swellings, lipoma's, etc. in surgical camp in surgical camps.



Ophthalmic Surgery Camps: A Year of Visionary Impact

In the first quarter, our commitment to eye care soared with two successful Ophthalmology Surgical Camps at Lok Biradari Prakalp Hospital in Hemalkasa. The initial camp, in collaboration with Rotary Club, Nagpur, took place on January 13th & 14th, 2023, addressing conditions like Cataract, Pterygium, and a congenital cyst. Subsequently, another camp unfolded on March 3rd & 4th, led by Dr. Awasthi's skilled team from Solapur, showcasing our commitment to innovative surgical techniques.

In April, under Dr. Appalwar's expertise, a camp focused on 31 tribal patients suffering from cataract and pterygium. The surgeries marked a turning point, leading to successful recovery and joyfully discharged patients after two days. The impact of the April 2023 Ophthalmic Surgery Camp was remarkable, leaving an indelible mark on the lives of 31 tribal patients. It was a testament to compassionate healthcare, transforming lives and spreading blessings throughout the community.

Here's to a year of visionary impact and continued excellence in eye care!



'Pujari Melava' - Strengthening the Bond between Hospital and Local Priests

Traditional Healers, or 'Pujari,' are crucial in tribal communities, holding ancient knowledge and cultural practices. Recognizing their importance, a meeting at LBP Hemalkasa included 54 villagers, Dr. Digant Amte emphasized their role in preserving culture and expressed gratitude for 50 years of collaboration.

LBPH staff covered first aid topics, and villagers pledged cooperation. Dr. Anagha Amte invited them to the Golden Jubilee in December, where each villager received a traditional tribal stole. Active involvement of all hospital staff ensured the program's success.



'Arogya Jatra' at Bejur and Palli village

The 'Arogya-Jatra' aimed for an entertaining health education close to the tribal community. At Bejur and Palli villages, during traditional gatherings, Lok Biradari Prakalp Hospital set up informative stalls on family planning, sickle cell anemia, oral health, etc., offering an enjoyable and educational experience.



Malaria awareness with preventive measures at Bejur Village

Due to May rains, a spike in severe Malaria cases in Bejur prompted a preventive initiative. In an early morning meeting, we showed a Malaria awareness movie, demonstrated mosquito net use, and cleared waterlogging sites. 169 villagers received prophylactic chloroquine doses for four weeks, resulting in a positive community response. ASHA and Anganwadi workers' involvement contributed to success, leading to a notable drop in Malaria cases and reduced severity at the hospital.



Infertility camp

In collaboration with Nagpur Obstetrics and Gynecological Society, Lok Biradari Prakalp Hospital held an Infertility camp on May 21, 2023. Specialists from Nagpur & Chandrapur, led by Dr. Sushma and Dr. Sudhir Deshmukh, provided services, examining 60 couples from Bhamragad and nearby areas. The camp, supported by Dr. Manisha Wasade, Dr. Poonam, Dr. Sandhya, and Dr. Vaishali, included history-taking, investigations, and counseling for individual and couples, ensuring a successful outcome.



Menstrual Hygiene Day celebration -2023

As part of our 50-year celebration, an Essay competition on menstrual hygiene was held in Bhamragad block. Launched on International Women's Day, prizes were distributed on World Menstrual Hygiene Management Day at LBPH on May 28, 2023. Staff from Lok Biradari Hospital and Aarewada government primary health center organized the program, educating over 150 girls from remote villages on menstruation, hygiene, and sanitary product usage. Winners received cash prizes and certificates, and all girls were provided with sanitary pads by Vastalya foundation. The tribal girls' enthusiastic response exceeded expectations, energizing our efforts.



World Breastfeeding Week-2023

World Breastfeeding Week (WBW), celebrated annually from 1st to 7th August in over 120 countries, aims to raise awareness and promote breastfeeding. Lok Biradari Prakalp Hospital, Hemalkasa, marked the occasion with a Breastfeeding Awareness competition for staff and student nurses. The objective was to enhance their knowledge, making them effective educators for mothers and families. Topics were chosen by the participants, and various presentation formats like PowerPoint, posters, short films, role plays, and storytelling were encouraged.



Sickle cell programme with ICMR-NIIH, Chandrapur

LBPH and ICMR-NIIH's collaboration in Bhamragad has significantly improved Sickle Cell Disease services and research. Achievements include 100% newborn screening, identifying 12 cases for early intervention, establishing a Sickle Cell Clinic with 45 patient cohorts, and successful capacity building for doctors and technicians. The introduction of Solubility testing and the POC Hemotype HC kit aids early identification, with the successful evaluation of the SickleCert kit under Pengunda village screening. Village screenings identified 10 cases (1.7%) and Ashram School screenings found 4 cases, all under regular follow-up.



SHAPE- School Health Awareness Programme

Lok Biradari Prkalp Hospital introduced the SHAPE (School Health Awareness Programme) in 2016 for tribal school children in Bhamragad. Conducted by LBP doctors, the program covers personal hygiene, adolescent health, sex education, and oral health using diverse tools like videos, presentations, and games. Despite COVID disruptions, 47 camps reached 2491 students in 2023. Additionally, eco-friendly Sanitary Pad Incinerators, 'Ashuddhi-nashak,' were provided to Chichoda and Mannerajaram Ashram schools for proper disposal.



Nursing Assistants Training Programme



In July 2023, a new batch of Assistant Nursing Training commenced. The students, diligently working, successfully passed theory and practical exams before Diwali vacations. They are now adept at basic nursing tasks like bed making and maintaining patient hygiene. The first batch of Nursing assistants is gaining practical experience in various departments, refining their skills during internships.

Food Festival at Jinjgaon

Sadhana Vidyalaya, Jinjgaon, organized a Food Festival on December 2, 2023, to promote traditional food culture in the region. Villagers from diverse communities showcased over 50 dishes. Lok Biradari Hospital set up a nutrition stall, featuring a tribal traditional dish, 'Raso Jabba,' prepared by community health workers. Attendees, including kids and older tribal individuals, participated in educational games facilitated by health workers, making the event engaging and educational.



MUHS Summer Internship Program

MUHS introduced the Summer Internship Program (SIP) this year, providing diverse healthcare exposure. Five students from Maharashtra's Government medical colleges chose Lok Biradari Prakalp Hospital for a four-week internship from June 16, they engaged in health education, conducted health camps in remote villages, and visited Government Healthcare facilities in Bhamragad.

Interns actively participated in deliveries, surgeries, counseling, and discussions, enhancing their understanding of tribal health needs. Their dedication culminated in presentations on the last day, receiving well-deserved accolades. LBPH thanks Lt. General Dr. Madhuri Kanitkar, Dr. Sandip Rathod, and MUHS for this opportunity. As we celebrate this year's success, we eagerly look forward to next year's Summer Internship Program.



Collaboration with Azim Premji University, Bhopal

Lok Biradari Prakalp, Hemalkasa, has been a valuable learning hub for students, offering opportunities for internships, volunteering, and fellowships. In August, Azim Premji University (APU) sought internships for their Masters in Public Health students. Recognizing the value for learning about healthcare in tribal regions, APU conducted a consultative workshop on October 26, 2023, with Dr. Aditya Burile representing Lok Biradari Prakalp. Following discussions, three APU students will join the internship in January 2024.



Village Health Check-up camp

A successful health check-up camp in Gopnar village on December 16, 2023, identified two cases of hypertension and three patients with lumps for January surgery. In oral health screening, a concerning trend of tobacco-chewing emerged, leading to dental issues like teeth abrasions and periodontal lesions. Extensive counseling stressed the importance of addressing tobacco habits, and immediate steps were taken for a patient with pathological tooth migration, urging them to seek treatment at LBPH, Hemalkasa. This approach ensures both immediate and long-term preventive measures for the community's health.



Introducing the Kangaroo Gown: A Safe Solution for Breastfeeding Mothers in Rural Areas

In our villages, women traditionally breastfeed while cooking on a ground-level chulha, risking burns to babies. To address this, Lok Biradari Prakalp designed a Kangaroo Gown—a wearable with a pouch for secure breastfeeding. This innovative design ensures the baby's proximity to the mother's warmth, reducing hypothermia risk and preventing accidents near the fire or boiling food. The gown has successfully enhanced safety and comfort for both mothers and babies in rural areas. Watch the video introducing the Kangaroo Gown and share your feedback in the comments section. [Click Here!](#)



ASHA Meeting at Arewada PHC

On November 25, 2023, a crucial meeting occurred at Arewada Primary Health Center (PHC), initiated by Dr. Anagha Amte and facilitated by Dr. Aditya Burile, with the aim of conducting a need assessment for organizing a capacity-building workshop for ASHA workers in the Bhamragad block. Around fifty ASHA workers and PHC staff actively participated in the meeting, reflecting strong community engagement in healthcare. Discussions centered on identifying specific needs, challenges, and skill gaps of ASHA workers to tailor the workshop effectively. Dr. Anagha Amte's involvement highlighted the commitment to enhancing healthcare capabilities, fostering a collaborative effort to empower ASHA workers and improve healthcare delivery in the Bhamragad block. The meeting laid the foundation for a targeted and impactful capacity-building initiative tailored to the unique requirements of ASHA workers in Arewada PHC.



Adiwasi Melava: A Celebration of Golden Jubilee with Tribal Communities

To commemorate five decades of association with the tribal community, a 'Adiwasi Melava' was organized on December 20, 2023. The festivities included a variety of fair activities, such as a walking stick race and traditional archery using bows. A Traditional Food Festival showcased nutritious foods, accompanied by singing and tribal dance competitions featuring traditional songs. The celebration saw the participation of hundreds of tribal people. Khadi Gramodyog, in collaboration with VNIT, displayed an array of farming tools.



Distinguished guests, including Dr. Dhananjay Kelkar, Dr. Bharat Vatwani, and Dr. Kanna Madavi, moved the audience with their poignant words. Dr. Prakash Amte and Dr. Mandakini Amte shared their experiences spanning 50 years in a live interview conducted by Dr. Mandar Paranjape. The celebration culminated with a 'Vriksha Dindi,' where 100 saplings were planted by the guests, symbolizing a commitment to environmental sustainability.

